



SUMMER CAMP

What to Bring!

What To Bring:

- Sleeping bag & pillow
- Hat, sunscreen and a **reusable water bottle**
- Pajamas
- Toiletries: shampoo, toothbrush, toothpaste, deodorant, etc.
- Some warm clothes, sometimes it gets chilly
- Towel and swimsuit
- Runners and Sandals
- Nice clothes for the end-of-camp banquet
- Rain jacket
- A blank, 100% white cotton t-shirt for tie-dying, or \$10 to purchase one
- Optional but useful items: flashlight, camera*, musical instrument*, alarm clock (since you won't have your phone), cash to purchase merchandise (hoodies, stickers, t-shirts), unscented hand sanitizer

* Please note: bring valuable items at your own risk. The YES cannot be held responsible for loss or damage of these.

What Not To Bring:

- Alcohol, non-prescribed drugs, or weapons. – There is no tolerance for the possession of any of these items. Participants in possession of any of these will be sent home. **Vaping devices will also not be permitted.**
- Cellphones: permitted at camp, but will be collected. There will be designated times when participants can call home, or check for messages.
- Snacks with nuts. We commonly have severe nut allergies at camp, and request that you bring no snacks with nuts, or traces of nuts. There will be plenty of food provided during the week.

If you have any questions or require any clarification, please don't hesitate to reach out to The YES at info@theyes.ca or call us at **604-960-1377**.